Suicide Intervention Procedures

- 1. Conduct a Risk Assessment.
- 2. Consult with fellow school staff members regarding the Risk Assessment.
- 3. Consult with Mental Health.
- 4. Use risk assessment information and consultation guidance to develop an action plan. Action plan options are as follows:

A. Extreme Risk Procedures

If the student has the means of his or her threatened suicide at hand, and refuses to relinquish such then follow the Extreme Risk Procedures.

B. Crisis Intervention Referral Procedures

If the student's risk of harming him or herself is judged moderate to high then follow the Crisis Intervention Referral Procedures.

C. Contracting Procedures

If the student's risk of harming him or herself is judged low then follow the Contracting Procedures.

A. Extreme Risk Procedures

- *I Call the police.*
- II Calm the student by talking and reassuring until the police arrive.
- III Continue to request that the student relinquish the means of the threatened suicide and try to prevent the student from harming him-or herself.
- *IV Call the parents and inform them of the actions taken.*

B. Crisis Intervention Referral Procedures

- *I* Determine if the student's distress is the result of parent or caretaker abuse, neglect, or exploitation.
- *II Meet with the student's parents.*
- III Determine what to do if the parents are unable or unwilling to assist with the suicidal crisis.
- *IV Make appropriate referrals.*

C. Contracting Procedures

- *I* Determine if the student's distress is the result of parent or caretaker abuse, neglect, or exploitation.
- *II Meet with the student's parents.*
- III Make appropriate referrals.
- *IV Write a no-suicide contract.*

5. Protect the privacy of the student and family.

6. Follow up with the hospital or clinic.